



2009 Newton Cardinals Bowling Camp



Where: Cardinal Lanes, Newton

Dates: Saturday July 11 from 9:00am - 2:00pm

Sunday July 12 from 9:00am - 12:00pm

Registration Cost: \$30

Cost includes all lineage, pizza lunch on Saturday, and T-shirt.

Registration Deadline is Saturday June 27, 2009.

Eligible: Newton Bowlers (Girls & Boys) entering the 7th-12th grades in 2009-10 school year.

Return Registration form with money to:

Cardinal Lanes: Bev or Jeff Van Blair

Middle School: Mr. Banwell High School: Mrs. Banwell

Make checks payable to Cardinal Lanes.

The 2009 Newton Cardinals Bowling Camp is organized and coached by:

- Seth Banwell; Newton Girl's Head Coach and is a USBC Bronze Certified coach.
- P.J. Quinn; Newton Boy's Head Coach and USBC Bronze Certified coach.
- Eric Arnold; USBC Level 1 coach, a member of the Jasper County Bowling Hall of Fame, winner of the 2004 Iowa Open, has had 8 - 300's and 5 - 800's, a former Newton High School Bowling Coach, and current President of Jasper Co. Bowling Association.
- Jeff Van Blair is a member of the Jasper County Bowling Hall of Fame, has 12 -300's, 5 - 800's, a former coach of the Newton High School Bowling team, has won a PBA Senior Regional Title, in the bowling pro shop business for over 25 years, and is a USBC Bronze Certified coach.
- Bev Van Blair has been coaching youth bowlers for more than 25 years. She has been certified to coach through the Dick Ritger Bowling Class and Bob Rea In-School Program. She also is a Bowlers Journal National Singles Champion and a State Doubles Champion.

This camp has been organized to provide instruction to aspiring high school bowlers who would like to to further their skill level of bowling. The first day of camp will cover basics such as bowling terminology, drills to work on, foot work and balance, spare shooting, reading lane conditions, proper fit of bowling equipment, and video analysis. All skill levels are welcome to register.

The second day of camp will begin with a review of teachings from first day and end with a 3 game tournament featuring a pro-am style format as the coaches will bowl along with the students and continue to offer instruction while bowling on the lanes with the students.

2009 Newton Cardinals Bowling Camp Registration Form

Bowler Name:_____

Address:_____ Phone:_____

Grade entering in 2009-2010 school year:_____ Current Average:_____

Years of experience bowling in leagues:_____ Right/Left handed:_____

Personal best high game:_____ Personal best high series:_____

Weight of bowling ball you currently use:_____ Shirt Size:_____