

All center proprietors please attend an organizational meeting to verify dates, times, rules on
Date TBD at time TBD at location TBD

Spring Middle School Bowling

Registration is the week of February 19-29, 2024.
Program starts March 1, 2024.

Call any of these coordinators
to join Middle School Programs in
their area or call
Bev Van Blair, Iowa BPA at
515-255-0808

Paul Havnen
Iowa BPA
515-210-6277

Cindy Flannegan
Shamrock Lanes
Emmetsburg
712-339-2171

Dan Duskin
Super Bowl
Atlantic
712-243-4656

Mike Pelham
Plaza Bowl
Clinton
563-243-3032

S or R Torgerson
Super Bowl
Forest City
641-581-2618

Mark Frymoyer
Champion Bowl
Ottumwa
641-682-8005

Angi Fangman
Cadillac XBC
Waterloo
319-234-6888

Brian Meyer
Legacy Lanes
Monticello
319-465-5077

Paul
Havnen
Central

Cindy
Flannegan
NorthWest

Dan
Duskin
SouthWest

Mike
Pelham
East

Ruth Ann
Torgerson
North Central

Mark
Frymoyer
SE Central

Angi
Fangman
NE Central

Brian Meyer
North East

Join Your School's Team - NO CUTS - Have FUN

Short & Flexible 8 Week Program

No CUTS - ALL Students Make the TEAM

No one rides the bench - EVERYONE Bowls!

Get your friends together and join the team!



Bowling is America's
#1 participation sport!
70 million people bowl
each year!

Everyone loves bowling, having fun,
getting better & making new
friends! It sure beats watching TV
or spending hours on social media!

More information on reverse side!

Is Your Center NOT listed?

The Middle School Bowling Program is open to all Iowa Middle Schools. If your area is not listed, please contact Bev Van Blair at the Iowa BPA to get your center in a program!
Phone: 515-255-0808 | Email: iowabowling@iowabpa.org

What if my school doesn't have a coach?

We will help check with your bowling center and your high school bowling youth to find one or train one at a free coaches clinic
In February online!

Program fee?

A one time bowler fee of \$___ pays for the entire program!

This includes all bowling during practices, matches & select tournaments!

Uniforms and awards are also included!

WHY BOWL?

Joining your Middle School's Bowling Team is a great way to prepare for High School Bowling opportunities that exist in Iowa!

High School bowling is the fastest growing high school sport in the country!

Now more than 250 colleges offer bowling as a sport with half of those now offering full or partial scholarships to student athlete bowlers!

In addition to scholarships awarded by colleges around the country, the local Iowa Grand Prix and the Iowa Bowling Council also award scholarship money to Iowa Youth bowlers!

When are practices?

Most schools hold a practice once per week and will start practices the first week of March. Practices will last approximately 1 1/2 hours.

Is transportation provided?

School transportation is not provided.

When are competitions?

Matches are held after school or on weekends and will last approximately 1 1/2 hours.

How many on a team?

Teams will be made up of 4-5 bowlers. We will put bowlers together to make teams if necessary!

Do I need to be a good bowler?

NO bowling experience necessary!

Everyone makes the team!

Your coach will make the program fun and you will become a better bowler!



In addition to the local Middle School competitions, teams and individuals may choose to participate in the Iowa Middle School State Championship!

Date: Saturday, April 20, 2024 at
Bowlerama Lanes in Des Moines

\$1900 Scholarship money awarded to the top bowlers at the Middle School State Championship!